



Catch them before they Fall

A Best Practice Guide from a past
special needs student

Panel

- Amy Rocker “Roxy” – Walden Graduate Student; Governor’s commission on Service and Volunteerism
- Gail Hartman- Retired Scottsdale School Teacher
- Wendy Clifford – Transition Coordinator Mesa Public School
- Zephryn Conte- President; EnvironArts Inc. Consulting

Questions



- Our Moderator Zephryn Conte
- What was life like in school? Home? (R)
- Describe your version of your disabilities or challenges in elementary school? (R)
- Describe Amy as a child? G
- What were some of the concerns that you had for her?

More questions?

- She left elementary school? How did you stay involved with your student? (G)
- What advocacy steps did you do for Amy? Explain?
- Did life get better for you after Elementary school? Explain (R) and why
- Gail-
- What changed in High School? G and R



High School years

- 1989-1991 Amy "Roxy" Rocker shares insights of lessons learned in high school where the early stages of success started develop.
- Mentors
- Awards
- Community service/Leadership
- Arts
- Teachers
- Family life
- Spirituality

Transition planning



- Typing/home economics
- "Your smart"!!!!!!!
- I want to be a Teacher / Social Change /Special Education
- What is vocational rehab?
- How Mrs. Hartman other mentor roles watched and observed
- IEP? I would like to be involved
- I'm going to College / University vs. CommunityCollege

Questions and story

- Wendy Clifford – Transition Currently
- Mesa Public schools



Emotional Intelligence

- A look at difference kind of practice
- Zephryn Conte EQ
- What is EQ?
- Emotional Intelligence is shown to be an important factor in success. EQ is a *complex* of social and emotional competencies that operates within various spheres of experience:
- **Internal**
- **Inter-personal**
- **Social/Cultural**



EQ, Cont.

- **Social and emotional learning** occurs simultaneously in different parts of the brain/body:
- **Feeling** – aware of and sensitive to feelings (one's own and others')
- **Cognition**-- – able to recognize, understand, discern and name feelings; understand the difference between feelings and actions
- **Behavior** – able to manage and monitor behavior, make healthy decisions and choices, and problem solve).
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EQ benchmarks

- Research shows that emotional competence can be taught and learned and can increase at any age.
- **Internal skills**
- **Recognize and name own emotions**
- **Self-tolerant – Healthy and realistic self-Image**
- **Recognizes the difference between feelings and actions**
- **Understands personal safety – Self-Reliant**
- **Able to Regulate Behavior**
- **Makes Healthy Choices**
- **Able to make personal decisions and problem-solve**

EQ Interpersonal skills

- **Recognizes and empathizes with other's emotions**
- **Perspective-Taking Abilities**
- **Understands how to maintain own and others' safety**
- **Able to feel a sense of belonging**
- **Effective communication**
- **Able to make equitable decisions and problem-solve with others**

EQ Benchmarks-Social-Cultural

- **Picks up social cues, differentiates between and adjusts to different social contexts**
- **Culturally competent**
- **Socially aware and responsible**
- **Explores and makes a difference**
- **Able to make equitable decisions and problem-solve for the greater good**
- **Leads and follows when necessary (can do both)**

EQ- Benchmarks

- **EQ Benchmarks specific to School and Academic Performance**
- **Better frustration tolerance**
- Less impulsive, more self control
- Able to focus on tasks
- Able to listen to others
- **Less aggressive or self-destructive behavior**
- **Able to use words to express feelings, especially anger**
- **Fewer verbal put-downs and fights**
- Improvement in academic performance
- Improvement with testing
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Panel Wrap-UP

- Bringing it all together
- Summary
- R- closing statements
- G-closing statements
- W- closing statements

Zephyryn

- Summary
- Ask's One more time to panel
- Any Final Thoughts
- Inspirational Cards to support the ideas for student success

Thanks And Questions

- Questions and Answers from the audience.
- Thank for coming

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